DIGESTIVE DISEASE SPECIALISTS

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PATIENT INSTRUCTIONS FOR EGD

INSURANCE:	DATE OF SERVICE:
DEDUCTIBLE:	CHECK IN TIME:
MAX:	AMOUNT DUE:
PROCEDURE CODES:	DUE DATE:
DIAGNOSIS:	SURGICAL FACILITY:

1. MEDICATIONS

If you take any blood thinners or antiplatelet/anticoagulation medications such as Aspirin, Eliquis (Apixaban), Pradaxa (Dabigatran), Savaysa (Edoxaban), Arixtra (Fondaparinux), Lovenox (Heparin, Fragmin, Innohep), Xarelto (Rivaroxaban), Warfarin (Coumadin, Jantoven), Plavix (Clopidogrel), Persantine (Dipyridamole), (Prasugrel), Brilanata (Ticagrelor), Zontivity (Vorapaxar) or similar medication, please ask your doctor for instructions on how to take these drugs prior to your procedure, as you may need to hold them for 2-7 days prior to your procedure.

Oral diabetic medications and regular insulin should be stopped the day before the procedure. ALL OTHER MEDICATIONS ARE OKAY TO CONTINUE TAKING - PLEASE DO NOT TAKE WITHIN ONE HOUR OF PREP Tylenol (acetaminophen) may be taken.

If you are unsure about a specific medication, please ask your doctor

2. DIET

Please DO NOT eat or drink <u>anything</u> after midnight the night before the scheduled procedure. You may take any oral medication you normally take the morning of the procedure will *small* amounts of water, unless otherwise instructed by your doctor.

3. CHECK IN

Arrive at the facility admitting one hour prior to your scheduled procedure. Get to admitting through the main door of the facility. Be prepared to stay at the facility for 2 ½ to 3 hours total.

4. TRANSPORTATION

You must have someone drive you home after the procedure, as you will not be able or permitted to drive until the next day.

5. QUESTIONS

If you have any questions or problems regarding the procedure or preparation, please call us at (928) 445-4066. If you must cancel, please call us as soon as possible, preferably 48 hours before your scheduled procedure.

IMPORTANT NOTE: Please note that this office does not and cannot possibly guarantee that your insurance will cover scheduled procedures. We believe your procedure(s) are medically necessary. For more information, please check with your insurance about coverage for procedure CPT code(s). Your insurance's telephone number(s) are listed on your cards.