

## **DIGESTIVE DISEASE SPECIALISTS**

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### **ANESTHESIA OPTIONS**

Your provider will choose one of the following anesthesia options during the consult that takes place before your procedure is scheduled.

Both Tri City Surgery Center and Yavapai Regional Medical Center offer conscious sedation and general anesthesia for outpatient procedures.

#### **Moderate Sedation**

Moderate sedation, aka ‘conscious’ anesthesia, is administered by your physician. This is usually done with an IV dose of Versed and Fentanyl. Most patients having this type of sedation do not have any discomfort or recollection of the procedure. The advantage of this type of sedation is that there are no extra charges for the use of an anesthesiologist. The disadvantage is that there may be a slightly longer anesthesia recovery time, usually by 15-30 minutes. If conscious sedation has been ordered, it is your physician’s opinion that your overall health is good enough to proceed with this type of sedation.

#### **General Anesthesia**

General anesthesia is administered by an anesthesiologist or a CRNA (Certified Registered Nurse Anesthetist), an additional provider in the room. This is usually done with an IV Propofol infusion and other IV drugs. Most patients having this type of sedation do not have any discomfort or recollection of the procedure. The advantages of this type of sedation are a shorter anesthesia recovery time and a ‘dedicated’ provider focused solely on your sedation. The disadvantage is the absence of pain feedback to your endoscopist, which may in rare cases lead to an unforeseen overstretching of the bowel. You may also incur an additional charge for the use of an additional physician. The fee for an anesthesiologist may be substantial if you have a commercial insurance with a high deductible or copay.

If you have any questions or concerns about the sedation that has been ordered by your physician, please contact our office at (928) 445-4066.